

For a personally rewarding career as a highly respected professional, public health nursing is an outstanding choice. Here's what professionals already in the field say about their work:



Be part of the team  
that makes life better.

North Carolina  
Public Health Nurses  
**Make a Difference**

*"In public health I remember the home visit experience that taught me to listen. If my care plan is not aligned with the patient's priority, all I have is a beautiful care plan."*

Sharon K. West, RN

Nursing Supervisor of Clinical Services  
Buncombe County Health Center

*"My reason for becoming a nurse was to educate people, to heal them, and hopefully have an impact on their lives in some small way. The miracle happened in 1993 when I accepted a PHN I position."*

Sarah Lawson, RN, BSN

Nursing Supervisor of Clinical Services  
Catawba County Health Department.

*"I chose to work in public health because I enjoy making a positive difference in other people's lives. I recently joined public health upon graduation with the goal of preventing diseases and promoting healthy lifestyles."*

Brooke Jones, RN, BSN

Public Health Nurse I  
Pitt County Health Department

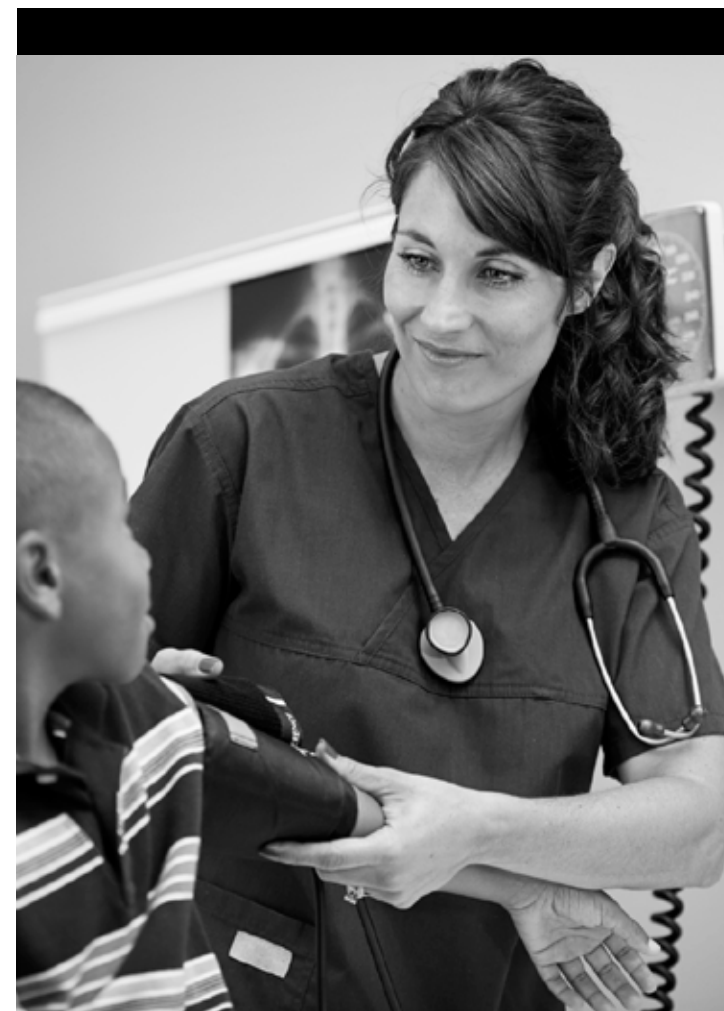
Join North Carolina's public health team as a public health nurse and start making life better for your community, your neighbors, and yourself.

*Opportunities for a North Carolina public health nursing career can be found at both the state and local level. Information about positions and opportunities can be found per county at:*

[ncapha.org/employment.html](http://ncapha.org/employment.html)

*Information for North Carolina public health nursing can be found at:*

Public Health Nursing and Professional Development Unit  
1916 Mail Service Center  
Raleigh, NC 27699-1916  
5606 Six Forks Road, B6  
Phone: 919-707-5130  
Fax: 919-870-4833  
Email: [publichealthnursing@dhhs.nc.gov](mailto:publichealthnursing@dhhs.nc.gov)  
Website: [ncpublichealthnursing.org](http://ncpublichealthnursing.org)



# Want to make life better?

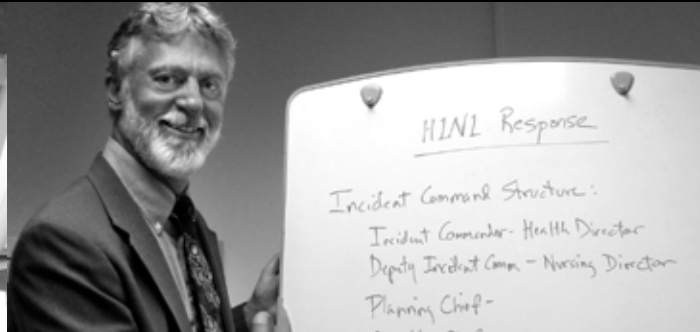
Become a public health nurse and discover an important and exciting career!

# Public Health Nursing

Imagine the possibilities.

# Serve And Grow

The opportunity is unlimited.



Looking for a nursing career where no two days are alike... that allows you to maximize your education... and that really makes life better? Then consider public health nursing.

There's never been a more exciting time to be a part of public health in North Carolina. Today, communities are facing a variety of public health challenges and seeking solutions to help residents remain healthy. Therefore, public health nurses are in greater demand than ever before.

As a public health nurse, you'll be involved in prevention, education, advocacy, activism, assessment, evaluation, and more. Whether you're highly visible or working behind the scenes, you'll serve a vital role in preventing disease and promoting community health and safety.

If you're a student in a nursing program or a practicing registered nurse seeking a change, public health nursing offers the challenges and fulfillment you're looking for, plus a real opportunity to make life better!

Imagine a career that can positively affect the health of an entire community. Public health nursing has that far-reaching impact. Public health nurses work at the federal, state and local level, creating conditions to make people healthy. As a public health nurse, you can provide preventive health services in community-based settings to reduce the rate of diseases. Or, you can perform health screenings and provide follow-up to assure timely diagnosis and treatment. Public health nurses assess health needs, identify gaps and barriers to programs and services, and recommend solutions.

Your role as a public health nurse may give you responsibility for people in a specific geographic area, or you may promote the health of a particular group, such as new mothers. Your role may focus on a specific disease or condition, such as HIV/AIDS.

Whether you work in a clinic or a school, in businesses or homes, every day will bring new opportunities to demonstrate your commitment to excellence and concern for the community. That's what it means to be a public health nurse.

When you choose a career in public health nursing, your work will be varied and you'll never be bored. A few of the opportunities for community involvement and service in public health nursing include:

- Responding to emergencies such as infectious disease outbreaks, natural or man-made disasters, and bioterrorism;
- Educating populations about health risks such as smoking and obesity and making healthy lifestyle choices;
- Preventing communicable diseases through monitoring occurrences, providing treatment, tracking outbreaks and providing immunizations;
- Working with schools regarding students' health, nutrition and developmental issues;
- Educating the community about environmental issues such as food safety, lead and safe water;
- Organizing advisory boards and coalitions, and collaborating with organizations and agencies to promote community/neighborhood health;
- Collecting and analyzing data;
- Linking people to community programs and services.