# Wake County Maternal Health Nurse Posting Description

# **About the Department/Unit**

The **Maternal and Child Health Program** is an "umbrella" service area that uses many services and strategies to ensure access and continuity of care to promote positive social and medical outcomes. Once engaged in care, services are available to women and their families based on medical, social, safety and/or educational need. Services continue during pregnancy until two months postpartum. For families with more intensive needs, services continue longer.

The Maternal Health Nurse will serve on a team of eight Maternal Health Nurses within the Maternal and Child Health Section of the Public Health Division. The Maternal Health Nurses provide home visiting services to high risk prenatal patients, newly delivered mothers and their babies. This position works collaboratively with pregnancy care managers, care coordination for children care managers, health educators, WCHS and WakeMed clinics, and others involved in the delivery of care. Home visits are guided by care plans, protocols, billing and documentation guidelines under the Division of Medicaid covered services. The goal of this service is to improve birth outcomes for mothers and babies. This is done by providing support for women with high risk pregnancy conditions to deliver healthy, full-term babies as well as by providing support for new mothers and their babies to make a healthy transition to their new roles.

#### **Position Long Description**

This position works collaboratively with pregnancy care managers, care coordination for children care managers, health educators, WCHS and WakeMed clinics, and others involved in the delivery of care. Home visits are guided by care plans, protocols, billing and documentation guidelines under the Division of Medicaid covered services. The goal of this service is to improve birth outcomes for mothers and babies. This is done by providing support for women with high risk pregnancy conditions to deliver healthy, full-term babies as well as by providing support for new mothers and their babies to make a healthy transition to their new roles.

#### **Essential job duties**

- Provide medically ordered, skilled nursing home visit to high risk prenatal patients.
   These visits will include patient teaching, monitoring of high risk condition, communication with high risk OB clinic, referrals to community resources and childbirth classes.
- 2. Provide postpartum home visits to newly delivered mothers and their infants. These visits will include assessment of mother and baby, staple removal when indicated, patient teaching, referrals to community resources, assisting with access to care, communication with clinics as needed.

- 3. Coordinate visits, communicate and collaborate with other care managers and interpreters as needed.
- 4. Schedule visits within expected time frame and complete documentation on schedule.
- 5. Participate in quality improvement activities.
- 6. Participate in disaster response when needed.

## **Knowledge, Skills, Abilities, & Competencies**

- Ability to develop and maintain strong relationships with others, both internal and external, to facilitate collaborative, working relationships to achieve the desired program outcomes.
- Ability to convey information clearly and concisely in order to provide education to patients and to communicate with clinics and other members of the care team.
- Ability to plan and organize work in order to schedule and make home visits, complete
  documentation and follow-up, while meeting qualitative and quantitative productivity
  expectations.
- Ability to independently make nursing decisions and take action based on nursing assessments made during home visit to ensure positive patient outcomes.
- Ability to identify problems that are barriers to health, to determine possible solutions, and actively work to resolve the issues through appropriate referrals.
- Ability to develop and maintain strong relationships with patients by listening to the
  patient and understanding and responding to identified needs, demonstrating cultural
  competence in the delivery of care.

#### **Minimum Requirements**

Graduation from an accredited school of nursing. Eligibility for licensure to practice as a Registered Nurse as issued by the North Carolina Board of Nursing.

### <u>Preferred Experience</u>

Spanish language skills highly preferred. Previous experience with home visiting, and previous maternal and child health experience.

Salary Range-\$25.27/hour-\$42.96/hour

Hiring Range-\$29.50/hour-\$34.11/hour

View details 4330BR - Nurse – Maternal Health