

All skill guidelines are adapted from *Fundamentals of Nursing* (9<sup>th</sup> Ed.) Potter and Perry (2017).

## Maternal Health Competency - Infection Control & Safety

### ***Basic Infection Control & Safety Practice***

1. Demonstrate knowledge of and follows universal precautions in all patient care/clinical areas
2. Demonstrate knowledge and use of appropriate personal protective equipment (PPE) in all patient care/clinical areas. Don/Doff PPE using proper technique and change PPE as indicated during procedures and between patients
3. Demonstrate knowledge of and follows agency policy for disposal of soiled materials, biohazard waste, contaminated sharps
4. Demonstrate knowledge of performing hand hygiene before, after, and between direct contact with patients
5. Demonstrate knowledge of precautions designed for the care of patients who are known or suspected to be infected or colonized with microorganisms transmitted by droplet, airborne, or contact routes
6. Demonstrate knowledge of and follows agency policy for cleaning and disinfection of clinical areas, medical equipment, and instruments (including autoclaving)
7. Demonstrate knowledge of performing sterile procedures
8. Demonstrate knowledge of and follows agency policy related to general patient safety and employee safety, including OSHA Standard 29 CFR 1910.1030

### ***Hand Hygiene***

1. Stand in front of sink, keeping hands and uniform away from sink surface (If hands touch the sink during handwashing, repeat process)
2. Turn on water
3. Avoid splashing water against uniform
4. Regulate flow of water so temperature is warm
5. Wet hands and wrists thoroughly under running water. Keep hands and forearms lower than elbows during washing.
6. Apply 3 to 5 mL of antiseptic soap, and rub hands together vigorously, lathering thoroughly
7. Wash hands using plenty of lather and friction for at least 15 seconds. Interlace fingers and rub palms and back of hands with circular motion at least 5 times each
8. Clean fingernails with opposite hand and additional soap if needed
9. Keeps hands pointed down, lower than wrists, to prevent contamination of arms
10. With fingers pointed down, rinses hands from wrists down and elbows up under warm running water

11. Dry hands thoroughly from fingers to wrists and forearms with paper towel, single-use cloth, or warm air dryer
12. Use a separate clean paper towel to turn off the faucet
13. As an alternative when hands are not visibly soiled, uses alcohol-based hand sanitizer to disinfect hands. Applies a sufficient quantity to cover all surfaces of the hands, nails, and wrists, rubs it in vigorously, and allows it to dry

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